







**Resource Pack for Children, Adults, Professionals & Carers for Safeguarding Risks during COVID-19**

<b>Online Abuse</b>	
	<p><b>Advice for parents:</b> A 5 minute chat with #YourChild could help keep them safe <a href="http://www.westyorkshire.police.uk/yourchild">www.westyorkshire.police.uk/yourchild</a></p> <p><b>Advice for young people:</b> If you're worried about anything that you have seen or anyone that has contacted you online the Police have specially trained officers who you can speak to: <a href="http://www.westyorkshire.police.uk/who-r-u-talking-2">www.westyorkshire.police.uk/who-r-u-talking-2</a></p>
	<p>Age 4 – 7 years <a href="#">Jessie and Friends</a></p> <p><a href="#">Advice For Parents: Keeping your under 5's safe</a></p>
	<p>Age 8 – 10 years <a href="#">Play, Like, Share</a></p> <p><a href="#">Advice For Parents</a></p>
	<p><a href="#">Age 11- 13 Years</a></p> <p><a href="#">Age 14+</a></p>
	<p><a href="#">Advice for Parents</a></p> <p><a href="#">For Children and Young People with Mild/Moderate Learning Difficulties</a></p>
	<p><a href="#">For Children and Young People with Moderate/severe Learning Difficulties</a></p>
	<p><a href="#">Advice for Teens receiving Unwanted Nudes Photos</a></p>
	<p><a href="#">Home Activity Worksheets</a></p>
	<p><a href="#">NSPCC Online Safety Advice For Parents</a></p>
	<p><a href="#">Report your concerns</a></p>
	<p><a href="#">For Adults experiencing online abuse</a></p>

## Domestic Abuse

In addition to [Government guidance on domestic abuse](#), key resources include:

- a Safe Lives [guide for victims and survivors of domestic abuse staying safe during COVID-19](#)
- Respect's #NoExcuseforAbuse campaign, which calls on perpetrators of domestic abuse to get [help to manage and change their behaviour](#)
- the Employer's Initiative on Domestic Abuse [help for employees when home is not a safe place](#)
- [resources and posters highlighting the National Domestic Abuse Helpline](#) from Refuge
- Standing Together against domestic abuse's [guidance during the COVID-19 outbreak](#)
- Women's Aid's [Making a safety plan](#)
- [guidance from the Domestic Abuse Housing Alliance \(DAHA\)](#) for housing providers on how to offer safe responses to tenants and service users
- [guidance on economic abuse during COVID-19](#).

	<p><b>Calderdale Police</b> Email: <a href="mailto:calderdalesafeguardingunit@westyorkshire.pnn.police.uk">calderdalesafeguardingunit@westyorkshire.pnn.police.uk</a> Domestic Abuse Safeguarding Unit: 01422 337199 Adult safeguarding Unit: 01422 337013</p>
	<p><b>Calderdale Domestic Violence Support Team:</b>  Visit their <a href="#">website</a></p>
	<p><b>Calderdale Staying Safe</b> (Women's Centre) for free and confidential support:</p> <ul style="list-style-type: none"> <li>▪ Phone: 01422 323339 (daytime)</li> <li>▪ Visit their <a href="#">Website</a></li> </ul>
	<p><a href="#">Help and Support for victims of Domestic Abuse</a></p>
	<p><a href="#">Domestic Abuse – Children and Young People</a></p>
	<p><a href="#">Domestic Abuse in Older People</a></p>
	<p><a href="#">Domestic Abuse support for Men</a></p>
<p><b>Accessible Domestic Violence Resources:</b></p> 	<p>British Sign Language: <a href="https://www.youtube.com/watch?v=urTSpIPoe4">https://www.youtube.com/watch?v=urTSpIPoe4</a></p> <p>Easy Read Guide to Domestic Abuse: <a href="https://www.westyorkshire.police.uk/sites/default/files/files/domestic-violence/dv_easy_read_v3_final_011116.pdf">https://www.westyorkshire.police.uk/sites/default/files/files/domestic-violence/dv_easy_read_v3_final_011116.pdf</a></p>
<p><a href="#">To download the Android app, click here.</a> <a href="#">To download the iPhone app, click here.</a></p>	<p>Bright Sky is a free to download mobile app (which is confidential) providing support and information for anyone who may be in an abusive relationship or those concerned about someone they know. The app is also available to use in Polish, Punjabi and Urdu.</p>

## Mental Health and Suicide

	<p>Andy's Mans Club In line with Covid-19 government guidelines, Andy's Mans Club Groups are running online groups. Please email <a href="mailto:info@andysmanclub.co.uk">info@andysmanclub.co.uk</a> if you would like to join.</p> <p><a href="#">Website</a>  <a href="#">Facebook</a>  <a href="#">Twitter</a>  <a href="#">Instagram</a></p>
	<p><a href="#">How to Access Mental Health Support and Services</a></p>
	<p><a href="#">Getting help in a Crisis</a>  <a href="#">Bereavement Support</a></p>
	<p><a href="#">Out-of-Hours Support for People in Distress</a></p>
	<p><a href="#">How to look after your mental health during Covid-19</a></p>
	<p><a href="#">Emotional Health and Well-being Support for Children and Young People</a></p>
	<p><a href="#">Free online counselling and emotional health and wellbeing support for children and young people</a></p>
	<p><a href="#">Talk to Someone</a>  <a href="#">Support after a suicide</a></p>
	<p><a href="#">Support for Young People feeling suicidal</a></p>

## Scams

	<p>CSAB Public Scams Flyer – Covid-19</p>  <p>CSAB public scams Flyer.docx</p>
	<p><a href="#">Reporting a Scam</a></p>
	<p><a href="#">How to spot a scam</a></p>
	<p>Which?: <a href="#">Older People and Scams</a></p>
	<p>Neighbourhood Watch: <a href="#">Older People and Scams</a></p>
	<p><a href="#">Free Training for members of public</a></p>

To report a Crime call 101

In an emergency call 999

For concerns about Abuse or Neglect to Children call the Multi Agency Screening Team on 01422 393336

For concerns about Abuse or Neglect to Adults call Gateway to Care on 01422 393000 or email  
[gatewaytocare@calderdale.gov.uk](mailto:gatewaytocare@calderdale.gov.uk)

To contact out of normal working hours, call the Emergency Duty Team on 01422 288000